Ruth Robinson

We dig, we plant, we water and prune, We laugh, we smile, we're busy 'til noon. Then time for a break, coffee or tea. A good ol' chatter, it's so stress-free! A final flurry, we compost the weeds, We harvest the veg and sow some seeds. Our work is done, we've reached our goals, A beautiful garden and happy souls.

Volunteering for the Hospital Therapy Garden has been a joy... come rain or shine, to spend a Monday morning surrounded by beautiful plants and in the company of such a friendly bunch of volunteers and staff is a true blessing. What a wonderful and uplifting way to start each week!

All our work has been acknowledged with great warmth and heartfelt appreciation by those who take time to stroll through or sit awhile amongst the dazzlingly displays. Knowing that the upkeep of the garden brings the patients, their visitors and the staff such pleasure cannot fail to lift our spirits and make us smile. It is such a privilege to be part of this worthwhile project. Thanks to all who had the passion and vision to make it a reality.





Chris Catton

Following my retirement in 2013 I was approached by an old friend, Viv Staunton, who said "you like gardening, don't you"? I agreed and so joined her team of volunteers in this amazing project. I was unaware of the enormous garden which had become overgrown and sadly neglected. Having only a small garden of my own it has given me a focus and a great chance to indulge my hobby at no personal expense! It's been great to make new friends in such a lovely team who are glad to share their knowledge. The staff, patients and their families are delighted with the results which make all our efforts worthwhile. Apart from the regular maintenance, there are still interesting projects to tackle so please do join our "happy band" in this rewarding venture.

